

Kids in the Kitchen

COOKING CLASSES TEACH CHILDREN ABOUT MORE THAN JUST GOOD EATING

BY MEREDITH McGroarty



THE BEST Cooking classes FOR KIDS

apple seeds

Kid-friendly dishes with an international flair are on the menu at apple seeds' COOKing Monsters class. Children learn basic measuring and math skills while creating dishes from different parts of the world. One class is for 3year-olds, and another is for 4-5-yearolds. \$288 for members and \$320 for nonmembers. 10 West 25th St., 347-306-4114, www.appleseedsnyc.com

COOKING CLASSES * SUMMER RESORTS * MORE SLEEP